



MOMENTUM

ENERGY COACHING

Today's Date:

First Name:

Last Name:

Age:

Date of Birth (month/year only):

Gender:

Phone:

Email:

Emergency Contact:

Referred by:

Mailing Address:

Are you taking prescription medications, yes/no?

If so, what are you taking and for what purpose?

Do you have a health condition that you would like to share, yes/no?

If so, please share them:

What are your personal goals?

What are your professional goals?

What changes would you like to make in your life right now?

What are your expectations from this coaching/healing relationship?

*****By signing this agreement, client agrees to ALL the following:*****

- Client agrees to communicate honestly and be open to coaching feedback.
- Client agrees to show up to each session drug, vape and alcohol free.
- Client is responsible for bringing topics/goals to each session.
- Coaching is an alliance between Coach and Client and not a legal business partnership.
- Client understands that services received from Coach are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat, or cure any mental health or medical conditions.
- Client understands that Coach is not a mental health counselor or medical professional
- Client understands and agrees that he/she is fully responsible for his/her well-being during all coaching sessions and is solely responsible for his/her choices and decisions.
- Client understands that all information, comments, and ideas offered by Coach are solely for the purpose of aiding Client in achieving his/her defined goals.
- Client understands that Coach is not promising outcomes included, but not limited to increased clientele, profitability and or business/life success.
- If Client reports child, elder abuse or neglect or threaten to harm self or someone else, Client understands that Coach will report to the proper authorities.
- Client understands use of recording technology is not allowed during any sessions, for any reason. This includes the use of recording devices, pictures, email, text, phone etc.
- Client hereby releases, waives, acquits and forever discharges Coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages he/she may claim to have or that he/she may have arising out of acts or omissions by Client or by Coach as a result of the information and/or advice given by my Coach or otherwise resulting from the coaching relationship contemplated by this agreement. Client further declares and represents that no promises, inducement, or agreements not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind Client's heirs, executors, personal representatives, successors, assigns, and agents.

Services: The parties agree to services through in-person/virtual/ meetings.

Schedule: For sustainable change to happen for Client, Coach **recommends** scheduling coaching sessions every 7-10 days, for a minimum of 12 weeks.

Fees: The current coaching/chakra energy healing sessions are available in packages - please see website for details: momentumenergycoaching.com

All packages must be paid IN FULL within 48 hours of first session.

Signed Intake/Waiver must be emailed to Coach within 48 hours of first session

Confidentiality: This coaching relationship, as well as ALL information (documented or verbal) that Client shares with Coach AND that Coach shares with Client, is bound by confidentiality. ***All information, tools, techniques, suggestions offered to Client by Coach is considered confidential and the property of Momentum Energy Coaching and cannot be used outside of Coach/Client sessions for any reason.*** Confidential information does not include information that: (a) was in the Coach's possession prior to its being furnished by the Client; (b) is generally known to the public or in the Client's industry; (c) is obtained by the Coach from a third party, without breach of any obligation to the Client; (d) is independently developed by the Coach without use of or reference to the Client's confidential information; or (e) that the Coach is required by law to disclose.

Cancellation Policy: If Client cannot attend a scheduled in-person session than a virtual session will take its place.

It is Client's responsibility to cancel/reschedule appointment a minimum of 48 hours PRIOR to scheduled session or Client will incur the cost of one full session.

Termination: Both Client and the Coach may terminate work together at any time.

Limited Liability: Coach makes no guarantees or warranties, expressed or implied. In no event will the Coach be liable to Client for consequential or special damages. Notwithstanding any damages that the Client may incur, the Coach's entire liability under this agreement, and the Client's exclusive remedy, will be limited to the amount paid by the Client to the Coach under this agreement for all services rendered up until the termination date. This agreement supersedes all prior written and oral representations. Client will not seek legal action against Coach for any reason real or expressed.

Client Name:

Signature:

Today's Date:

Coach Name:

Signature:

Today's Date: